



Tour of Expressions

A traveling women's retreat focused on enhancing Healthy Women's Affairs.

On August 16, 2014, Hands of Perfection, a locally owned nail salon and spa located in the heart of Kansas City's Brookside neighborhood, partnered with Wilma's Little Girlz to present "The Tour Of Expressions," a traveling women's retreat created to inspire, motivate and foster friendships through fellowship.

The event took place at three locations around the Kansas City, Kansas and Missouri areas and focused on three targets – **culture**, **fitness** and **motivation**. To start the day, continental breakfast was sponsored by Einstein Bros & Lamar's Donuts.

The first stop was dedicated to **culture**. The ladies embarked on a Bible enrichment experience, "Christian Walk Tour," at the Nelson Atkins Museum.

Up next, **fitness** at Oak Park Mall for the "Shopping Challenge." The ladies had 45 minutes to shop in one of the three stores – J.C. Penny, Bath & Body Works and Macy's. They were given a set amount of money for the challenge and each store issued savings coupons and sponsored special giveaways.

After shopping, **motivation** was the focus at Granite City restaurant for the luncheon. This part of the day was designed to feed the body and the mind with inspirational words from Ms. Selena Smith and spiritual praise dancing by Mr. Warren Harvey.

The last stop of the day was a fabulous dessert bar sponsored by Gigi's Cupcakes with an exciting raffle full of wonderful gifts from sponsors like Helzberg Diamonds and more.



Twenty percent of the proceeds from the event were donated to Assistance in Health Care in memory of Kimberly Rodgers' (owner of Wilma's Little Girls) mother, Mrs. Wilma Anderson. Assistance in Health Care is an organization that helps cancer patients in financial distress by providing financial support as they are undergoing active treatment in the Tulsa, Oklahoma area.

The Tour of Expressions team would like to sincerely thank all of the ladies who participated in the event, and all of the wonderful sponsors for their support. Stay tuned for Tour of Expressions next up coming event!

For more information, visit handsofperfectiononline.com.